

# **Scripts for Talking to Doctors**

You don't need to be a medical expert - just prepared.

Parent Down

[parentdown.net](http://parentdown.net)

**INTRO:**

You don't need to be a medical expert - you just need the right words. These scripts help you ask clear questions, get real answers, and stay steady in the conversation.

SCRIPT 1 - 'I need the big picture.'

"Can you explain what's happening in simple terms so I can understand the overall situation"

SCRIPT 2 - 'What should I be watching for'

"What changes - good or bad - should I pay attention to over the next 24 hours"

SCRIPT 3 - 'What's the plan for today'

"What are the goals for today, and what needs to happen before we move to the next step"

SCRIPT 4 - 'I need clarity.'

"I'm feeling overwhelmed. Can you repeat that in simpler language so I can make sure I understand"

SCRIPT 5 - 'What decisions are coming up'

"What choices might I need to make soon, and what should I know before making them"

SCRIPT 6 - 'Who should I talk to about...'

"Who is the best person to ask about this - the nurse, the attending, the specialist, or someone else"

**NOTES SECTION:**

*Notes:*